

People want a **Safe, Drug-Free and Mentally Healthy** community.

THEIR CONCERNS

- Drugs
- Mental Health
- Post-murder unease (February 2017 crimes against Abby/Libby)
- Poverty
- Crime
- Drug addiction
- Lack of resources and facilities for substance abuse and mental health treatment
- Lack of strong family units
- Cultural influences leading to anxiety for students (active shooters, cyber-bullying)

“Poverty and trauma/abuse are prevalent. We have long mental health waiting lines. We need more professionals. It’s hard to hire people due to insurance regulations for different clearances. “

“We have SRO’s (school resource officers) in our schools. We do active shooter role playing. Kids shouldn’t have to know all of this to feel safe.”

Carroll County Residents, 2019

Actions that would make a difference	Who is working on it?
Offering more mental health resources	<p><u>The primary focus of Valley Oaks Health</u> is mental health and substance abuse. They provide individual and family therapy, some marriage counseling, school-based programming for kids in school and outside of school, home and school-based case management services, and substance abuse counseling. There is a higher need for substance abuse counseling. They work with probation and juvenile probation and have prescribers that specializes in addiction medication. They offer Telehealth and have different providers, including psychiatric and nurse practitioners for addictions, youth, adults, Naltrexone and Suboxone.</p> <p><u>Family Health Clinic</u> offers behavioral health, psychiatric and pediatric services. They have referral relationships with Four County and Valley</p>

TAKING EFFECTIVE COMMUNITY ACTION (TECA)

Actions that would make a difference	Who is working on it?
Offering more mental health resources (Cont.)	<p>Oaks. They have 4 employees, 3 social workers (LCSW) and 1 LSW. They are working on adding a social worker into the schools to help with counseling. They offer a Vivitrol program for individuals with substance abuse and mental health concerns. This program is in White County, also. They have had more success with alcohol than substance abuse. <i>"We see people on the ground who don't even realize they have needs that we can help with."</i> There is a pre-doctoral internship program that is offered for professionals in the field. They encourage their employees to get additional training with mental health. It is hard to find qualified employees, licensed providers and those who will stay in this area.</p> <p><u>Four County</u> has been providing services in Carroll County for 6 months. There is a facility in Logansport. They provide the same services as Valley Oaks and partner with Logansport Memorial Hospital. They have Vivitrol and Suboxone for MAT (Medicine Assisted Treatment). They focus on community- based needs for youth, adults, and smaller children. They educate parents on mental health, as well as offering transportation and insurance navigators. There is no facility in Carroll County. They work with people at their homes, providing case management, crisis response intervention, community corrections and working alongside the jails. Four County also has Telehealth and uses it in many different forms, such as mental health, transportation, etc.</p> <p><u>Drug-Free Carroll County</u> is funded by court fees. They offer grants and support for substance abuse-related projects. They provide any kind of assistance that they can that has to do with illegal drugs: Drug test kits, computers, education, grants to help with offsetting the costs.</p>

TAKING EFFECTIVE COMMUNITY ACTION (TECA)

Actions that would make a difference	Who is working on it?
Looking at other counties and what they are doing successfully to address these issues	<p><u>Valley Oaks</u> is looking at a Quick Response Team (QRP), case management service, crisis response, and coordinating with someone with substance abuse.</p> <p><u>Family Health Clinic</u> is looking at a program for community paramedicine.</p> <p><u>Law Enforcement</u> is hiring a social worker. Surrounding counties are looking at jail expansions and that is also a goal for Carroll County.</p>
Offering more wrap-around services for schools and families	<p><u>Valley Oaks</u> has wrap around services.</p> <p><u>Four County</u> offers wrap around services.</p> <p><u>Family Health Clinic</u> also offers Wrap around services.</p>
Creating transitional facilities	<p>Nothing is actively being done.</p> <p><u>Brady's Hope</u> was talking about having a treatment house with six spaces.</p> <p>First Assembly Church is talking about it.</p>
Ensuring the local Area IV office has consistent and accessible hours	<p>Area IV has consolidated and moved their staff to another office. They have someone in their office right now from 8:00-4:00pm due to a weatherization program. Their inconsistent hours are a concern.</p>
Eliminating Recidivism (study other successful models)	<p>Trying to hire a new director for community corrections since they see high rates of recidivism.</p>

Actions that would make a difference	Who is working on it?
Eliminating Recidivism (study other successful models)	<p><u>Valley Oaks</u> is looking at other models that are working in Indianapolis and Fishers to reduce recidivism. They would like to apply what they learn in Carroll County.</p> <p><u>Law Enforcement</u> is seeing the same offenders over and over.</p>
Re-engaging offenders into the community	They are trying to support this transition but are at a stand-still right now.

People and organizations, they trust:

- Churches/pastors
- Carroll County Chamber of Commerce
- Healthcare organizations such as Valley Oaks Health, Family Health Clinic, Logansport Memorial Hospital, and Indiana University Health

Additional Notes from Research Sessions for the Community Foundation’s Reference:

We asked each member of the group where the community foundation could make the most impact regarding this aspiration?

- Mental health touches all areas and substance abuse is mental health. Having a coordinator that ties all of these facilities and resources together in the county would help. Find the time to understand how it can be done here.
- Transportation for access to services is huge.
- There are no shelters, services, or transitional pieces for domestic violence or PTSD.
- People need food, safety, and shelter. There is an essential need for a homeless shelter and food pantries.
- They need transitional housing and shelters.
- There is a need for addiction services and mental health treatment in the jail.
- They need better training for law enforcement about mental health and the resources available in the community
- They need a coordinator that works with the county, a “hub” or “center” that helps manage and implement all the services in the county.

Safe, Drug-Free and Mentally Healthy community

Harwood stage of community life is

- Waiting Place to Impasse, depending on specific issues

Discussion on:

- If all 3 counties agreed this was something we could work on, there could be a lot of help from Howard and Clinton.
- Lilly would probably like a coordinated effort in a grant application.
- Sherry Rahl and/or Paul Wyman would be willing to come and talk with this county about Turning Point and what they are doing.
- Greg shared that in Howard County we brought up the idea of holding a Summit or SWOT-type gathering of the experts and people with boots on the ground in this area. The purpose is to get them to tell us what they need or would like us to do.
- Acknowledged that we are such a grass roots community, that we need to be careful in keeping our local leaders across the county engaged and informed in this process, so they are respectfully involved.
- Greg went over the March 13th deadline for grant application processes. We need to know what we want to do in February.
- The diversity of these three counties in workforce demographics is a good selling point.
- We need to make sure we examine good models.
- Touched on how these issues affect the workforce. Greg discussed the One80 Program in Clinton County. Goal is to get people the help they need so they can get back into the workforce. Jake has met with Judge Menges in Kokomo and, instead of work release, they are sending clients to classes to get them certified in skills.
- There is still a stigma from being in jail that results in not being able to get a job afterward. Transportation issues keep people from getting to work and accessing services.
- Central hub of services and a navigator/coordinator may be needed.

The community foundation will focus on the following actions:

- Bringing experts together to discuss the issue
- Sharing report information with local government leaders

And this role:

- Convener
- Share information

Action Plan for **Safe, Drug-Free and Mentally Healthy** Community

Action	Lead	Completion by
Jake will mention that the Community Foundation is discussing the community's Aspiration for wanting a Safe, Drug-Free and Mentally Healthy community at the monthly meeting of local government leaders.	Jake Adams	December 10, 2019
Convene a forum of experts in this area to determine their needs and wants in addressing this aspiration.	Community Foundation Staff/Project Matters, LLC	January 31, 2020
Speak to the board about considering setting aside funds that could support non-profit grant applications that address this aspiration.	Greg Aaron	January 31, 2020